

# Castellare di Tonda

RESORT & SPA

## SPA MENU



### M A S S A G E S

#### Relaxing Massage

**durat. 50 min.**

**€ 80**

Aromatic massage with anti stress action. The hot natural oils will give your skin an extraordinary softness and the pure essential oil will help you to relax your mind improving the quality of your sleep.

#### Balsamic Massage

**durat. 50 min.**

**€ 85**

This balsamic massage with its decontracting and anti stress action will reduce muscle pain and tension.

#### DiWine Massage

**durat. 50 min.**

**€ 80**

Balancing and antioxidant massage with strawberry grape's scent.

#### Floral touch Massage

**durat. 50 min.**

**€ 80**

This nourishing massage using thai brown rice oil has anti aging properties. You can choose among three different fragrances lotus jasmine and frangipane.

#### Refreshing Coconut and Aloe

**durat. 50 min.**

**€ 80**

This massage is recommended for sensitive skin. Aloe vera juice and pure virgin coconut oil will refresh your skin after sunbathing and sun burns.

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**Back Massage** durat. 25 min. € 45

Concentrating on back, neck and shoulders, It will help to relieve stress and tension from your muscles.

**Bio draining Massage** durat. 40 min. € 65

This draining massage will lighten your legs using refreshing essential oils and reactivates blood circulation.

**Thai foot Massage** durat. 30 min. € 60

Ancient oriental traditional massage will improve your body circulatory and lymphatic system as well as restoring your body energy balance by using finger pressure technique and stretching your energy meridians.

**Ayurvedico Abyangha Massage** durat. 50 min. € 95  
durat. 90 min. € 130

Traditional ayurvedic massage designed to balance the three doshas vata pitta and kapha. Customized essential oils are applied with a healing touch.

**Ayurvedic head and face massage** durat. 40 min. € 65

This deeply relaxing massage focuses on the areas where we carry the most stress and tension the head, neck, shoulders and upper back.

**kids Massage** durat. 20 min. € 35

Chocolate taste massage for kids.

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### FACE TREATMENTS

#### VITALITY

durat. 50 min.

€ 70

Anti/aging and detoxifying with pure vegetable oil, extracts from plants rich in phytohormones, vitamins and hyaluronic acid. The lovely floral scent gives a feeling of quiet and well being.

#### PERFECTING

durat. 50 min.

€ 70

This treatment is recommended for oily skin. It is rich in active phytocomplexes, deeply purifying the skin and restoring the sebaceous balance by normalising its production.

#### SENSORY

durat. 50 min.

€ 70

A specific anti aging formula for sensitive ,hyper – reactive, and rosacea skin. This treatment prevents free radicals formation, calms redness, and protect skin from external agents.

#### REGENERATING ANTIAGING TREATMENT

durat. 50 min.

€ 75

The Wine stem cells and the Truffle antioxidant enzymes contained in this treatment deeply nourish the skin. The result is an immediate lifting, toning and soothing effect.

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### BODY TREATMENTS

#### HIMALAYAN PINK SALT SCRUB WITH COCONUT AND YLAN YLANG

durat. 40 min.

€ 65

Detoxifying scrub massage cleans and regenerates the skin in depth restoring balance and vitality.

#### ANTIOXIDANT OLIVE OIL PEELING

durat. 40 min.

€ 65

A soothing and pleasant exfoliating massage, rich in vitamin E, with moisturizing, toning and anti-inflammatory properties.

#### LAVENDER BODY SCRUB

durat. 40 min.

€ 65

A velvety restorative scrub to nourish the skin and restore softness with the nice, fresh, clean smell of lavender.

### RITUALS

#### YOUTH ELIXIR

durat. 1h30 min.

€ 145 x prs  
€ 270 x couple

Anti aging and antioxidant. Includes:

- Aromatic Hammam
- DiWine Massage
- Regenerating antiaging face treatment
- Red fruits herbal tea

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### HIMALAYAN BREATH

durat. 1 h

€ 125 x prs  
€ 230 x couple

Detoxifying and purifying. Includes:

- Aromatic Hammam
- Pink salt, coconut oil and lemongrass massage
- Perfecting face treatment
- Energizing herbal tea

### ENERGY SOURCE

durat. 1 h 30 min.

€ 140 x prs  
€ 260 x couple

Draining and soothing. Includes:

- Aromatic Hammam
- Draining and Hydrating massage
- Sensory face treatment
- Draining herbal tea

### VITALITY ELIXIR

durat. 1h 50 min..

€ 155 x prs  
€ 290 x couple

Detoxifying and antiaging. Includes:

- Aromatic hammam
- Ayurvedic massage
- Vitality facial treatment
- Detox herbal tea

**Wellness path is included by booking a 50 minutes treatment or longer**